

Alcohol and Other Drug Policy

2009-2010



LYNN
UNIVERSITY
BOCA RATON, FLORIDA



Philosophy Statement

Every academic and social program at Lynn University is based on an educational and developmental philosophy recognizing and celebrating the diverse individuals who matriculate here. In keeping with this, our alcohol and other drug policies are reviewed annually.

It is imperative that we recognize the educational partnership between administrators and students in regard to policies in all areas including issues related to the consumption of alcohol and the use of illegal psychoactive drugs.

Students share responsibility for choices they make and Lynn University shares responsibility for creating and managing an environment that supports reasonable and responsible choices. This notion of shared responsibility and the balancing of university authority and student freedom emerges from the philosophy set forth in *The Rights and Responsibilities of the Modern University*, by Robert D. Bickel and Peter F. Lake. We are taking reasonable steps to reduce risks from alcohol and other drug related activities. We are invested in the prevention and reduction of risk. We do know shared responsibility enhances student accountability and safety.

The spirit of this policy is to educate and to prevent harm due to alcohol or illegal drug use. It is designed to promote the growth of student personal accountability by facilitating conditions of order and safety. Our students will be treated and respected as young adults and are expected to act responsibly while enjoying the freedom that comes with the university experience.

Amnesty Policy

As partners with the university in promoting health and safety, all students have a responsibility and obligation to seek immediate assistance for any student known to be experiencing a serious health crisis, including one resulting from high risk drinking or the abuse of other drugs.

As such, students who seek assistance on behalf of a peer and are themselves under the influence of alcohol, will not receive a code of conduct sanction, for this action. Additionally, the student who is the subject of the report will not receive a code of conduct sanction, for this action.

It is the university's intention to partner with students in promoting health and safety. The university will provide students with the assistance needed to respond to high risk drinking and other drug abuse. In a crisis, students are encouraged to seek such assistance by contacting Campus Safety and Security at 561-237-7226.

After the crisis is resolved, the student who experienced the health crisis, as a result of alcohol intoxication or other drug consumption, will be referred to the substance abuse prevention and treatment specialist, who will provide further assessment, substance abuse education, counseling, recommendations and/or referral as applicable to the individual student's need.

Lynn University Policy on Alcohol

Lynn University does not consider the use of alcoholic beverages as necessary to the process of higher education. Students of legal drinking age may consume alcoholic beverages in a responsible manner in the privacy of their own residence hall room.

Since alcohol is a drug that can have serious consequences when consumed in a high risk manner, all members of our community must act together in promoting health and safety.

This partnership is designed to:

- assist students in minimizing the harmful effects of alcohol
- encourage students to live a healthier lifestyle and make healthier consumption choices
- educate students about the risks and responsibilities inherent in the consumption of the drug alcohol
- assist students to develop awareness about the consequences of high risk behavior
- respond to any treatment needs

In the State of Florida, the legal age for consumption of alcohol is 21. Students and guests under legal age, who consume, possess, buy, serve or sell alcoholic beverages or individuals who sell to or serve minors are in violation of both state law and university policy. Possession or consumption of alcohol by students and guests over the age of 21 is allowed in the privacy of their own room. Students present during policy violations will be documented and be subject to a Conduct Review meeting.

It is expected that students will act responsibly and maturely whether or not they have been consuming alcoholic beverages. Inappropriate behavior resulting from alcohol consumption and/or abuse is a serious violation of university regulations. The use or abuse of alcohol is not an acceptable excuse for any violation of university policies.

Access to and use of alcohol on campus is limited and regulated by state, federal and local laws and by the rules and regulations of Lynn University. University regulations have been established in accordance with Florida State laws as well as insurance and safety regulations. Specifically:

- a. Alcoholic beverages may not be served on university property or within university facilities without proper permission. The appropriate administrator (university president, vice president for student life or designee) may grant permission to those persons, groups or organizations in their area of responsibility. All permissions granted must be consistent with this policy.
- b. Persons under the legal drinking age may not distribute, sell, possess, consume, be under the influence of, or be in the presence of alcohol on campus.
- c. Persons of legal drinking age may not consume/be in the presence of alcohol in the company of persons under the legal drinking age. In an instance of an underage person being present where alcohol is being consumed or available, the person of legal drinking age will also be held accountable. In the event one roommate is of legal drinking age and another is not, each must observe the law as it pertains to him/her.
- d. Persons of legal drinking age may not distribute, provide, or sell alcohol to persons under the legal drinking age.
- e. The university reserves the right to limit the amount of alcohol brought onto campus for personal consumption: kegs; beer balls, and alcoholic beverages in multiple serving containers are not allowed on campus. These items will be confiscated and disposed of.

- f. Alcoholic beverages may not be consumed or carried in open containers in university facilities, corridors, lounges, stairwells, lobbies, parking lots, and public areas of campus, with the exception of university residence hall rooms.
- g. The selling, supplying, possession and consumption of alcohol is generally prohibited at student-sponsored events and university events at which underage students are present, except with the written approval of the vice president of student life or designee.
- h. Use or possession of false or altered identification, or other misrepresentation of one's age in order to possess, consume or purchase alcohol is prohibited.
- i. The possession and/or use of alcohol paraphernalia (funnels, bongs, beer pong tables, etc.) is prohibited.
- j. Public intoxication is prohibited.
- k. Driving on university property while under the influence of alcohol is prohibited.

Lynn University Policy on Other Drugs

Lynn University does not support any activity related to the possession, use, provision of, or sale of any substance considered to be illegal. This policy includes, but is not limited to, marijuana, salvia or the non-prescribed use of prescription drugs. Drug paraphernalia is also prohibited and includes any and all types of equipment, products and materials of any kind which are used, intended for use or designated for using or selling drugs.

On-campus and/or off-campus involvement in possession, use or sharing of drugs may result in suspension from the university for a minimum of one semester and until the student completes his/her educational sanctions. This suspension will occur regardless of legal action.

The selling or sharing of illegal drugs, including marijuana and prescription drugs, on or off-campus, may result in immediate expulsion and may result in the notification of the proper law enforcement authorities.

Given the considerations and other dangers regarding the use and abuse of drugs, regulations will be enforced and are applicable regardless of the status of the legal proceedings. Specifically:

- a. Illegal substances may not be possessed, used, distributed, bought, sold or manufactured on the Lynn University campus.
- b. Controlled substances may not be possessed, used, distributed, bought, sold or manufactured on the Lynn University campus except as expressly permitted by law.

- c. Illegal or inappropriate use of substances to cause intoxication or hallucinations is prohibited.

Prescription Drugs

The misuse and abuse of any prescription drugs can result in a variety of physical and psychological consequences, ranging from addiction to accidental overdose death. Mixing prescription drugs with alcohol or any other drug increases the likelihood of toxic overdose and death. Sharing prescription drugs is a felony under Florida law and is a violation of the Student Code of Conduct.

The illegal possession, use or sharing of prescription drugs is a violation of the Lynn University Other Drug Policy and will result in conduct sanction.

Location and Paraphernalia

Students found in the vicinity of drug use (i.e. being in the same room) or the possession of marijuana related paraphernalia which is defined as, but not limited to, any and all types of equipment, products or materials of any kind which are used, intended for use or designed for using or selling drugs, will face conduct sanction.

Substance Abuse Programs

The university recognizes the problems that exist in today's society with regard to alcohol and substance abuse. Therefore, the university accepts an ethical as well as legal responsibility to act forcefully to promote a campus environment free from alcohol and drug-related problems. Toward that end, the university offers a variety of ongoing programs designed to assess risks and minimize the negative consequences associated with alcohol and drug use.

Academic Life Emergency Response Team (ALERTeam)

The ALERTeam is a student assistance team composed of the dean of students, counselors, staff, faculty and a residence director. This group has been trained as an intervention team to identify, intervene with and refer for assistance those students who are at risk for problems such as stress, substance abuse, suicidal tendencies, etc., which affect their performance in school.

Counseling

The university's Counseling Center offers a variety of substance abuse services and relevant

literature. Off-campus referrals are occasionally recommended for those in need of formal addiction assessment and appropriate treatment. Additional information about counseling services is available at www.lynn.edu/counseling.

Safe Ride

This program is designed to assist students in need of a safe ride back to their residence within the local area. The service is provided at no cost to riders, and it operates Wednesday through Saturday from 11 p.m. to 3 a.m. Information about Safe Ride is available at 1-800-675-6349.

Alcohol Sanctions Course

The purpose of the alcohol sanctions course is to educate students concerning the inherent dangers of alcohol use. The course focuses on risk reduction and issues that influence one's personal decision to consume alcohol.

Federal Laws and Campus Policies

The Drug-Free Schools and Campuses Act codified as part 86 of Edgar (34 CFR Part 86)

The Department of Education (DOE) has issued proposed regulations for use in compliance with the Drug-Free Schools and Campuses Act.

Under the proposed regulations, institutions and agencies must establish drug awareness programs that include, at a minimum, annual notification to employees and students of the following information:

1. statement that use or distribution of illicit drugs and alcohol is prohibited on the school's property and as part of any of the institution's activities
2. description of the criminal laws applicable to the illegal use or possession of drugs and alcohol
3. description of health risks associated with the use of drugs and alcohol
4. description of available drug and alcohol counseling treatment and rehabilitation programs
5. statement of the disciplinary sanctions imposed on students who violate the school's policy.

Schools and agencies must conduct biennial reviews of their programs to determine effectiveness, implement any needed changes and ensure that disciplinary sanctions are enforced with consistency. The DOE may provide technical assistance to violators and require payment of any

and all federal funds. In addition, noncompliance may result in a finding of ineligibility to receive any federal funds.

Policies concerning employee use and abuse of controlled substances and alcohol are detailed in the Lynn University Staff Handbook.

Psychoactive Drugs and Associated Risks

Alcohol

Alcohol is a depressant drug that is absorbed into the bloodstream and transmitted to all parts of the body, most significantly affecting the brain. It is classified as a psychoactive drug because of its effects on the mind and the behavior.

The impact of alcohol varies among individuals, but even moderate doses reduce physical coordination and mental alertness, making certain activities dangerous. Larger doses of alcohol cause staggering, slurred speech and slowed reaction time. Even larger doses can cause mood swings, memory blackouts, unconsciousness and even death.

Health risks involved with long-term heavy drinking include: addiction, liver damage, heart disease, circulatory problems, peptic ulcers, various forms of cancer and irreversible brain damage.

High risk drinking also known as “binge drinking” is defined as an occasion in which the drinker consumes five or more drinks at one sitting. This behavior is a significant concern when one considers that alcohol overdose is a medical emergency.

Despite a national minimum drinking age of 21, alcohol remains the most widely used drug among American college students. As a result, alcohol abuse is a contributing factor in many campus problems. Recent national campus statistics published by the American College Health Association reveal that alcohol is involved in:

- approximately 66% of all violent behavior
- approximately 75% of all suicide attempts
- approximately 90% of all reported “date rape” incidents
- approximately 50% of all traffic fatalities in which victims were between 16-24 years of age
- approximately 30% of all academic difficulties

The Effects of Other Drugs

The use of drugs of any sort can lead to a host of negative outcomes including legal, personal, academic and health problems. Drugs are grouped into several major categories according to their effects.

Depressants

Slow down the central nervous system, reduce heart rate, blood pressure, etc. Small doses produce depression, drowsiness, slurred speech, irrational behavior, etc. Drugs in this category include alcohol, sedatives (barbiturates, methaqualone) and benzodiazepines (tranquilizers and sleeping pills). Certain sedative substances can temporarily inhibit a person's ability to remain conscious. Such drugs as Flunitrazepam (Rohypnol) and Gamma Hydroxybutyrate (GHB) are occasionally criminally misused in order to facilitate sexual assault.

Stimulants

Speed up central nervous system activity. Excessive use causes dizziness, anxiety, impaired coordination, sleeplessness and hallucinations. Drugs in this category include amphetamines, cocaine and caffeine. Also included in this category are the prescription drugs Ritalin and Adderall. When mixed with alcohol, Ritalin and Adderall can cause serious health consequences up to and including death.

Opiates

Depress blood pressure and breathing, elevate pulse, relax muscles, reduce pain. Opiates also produce euphoria, nausea, drowsiness, slurred speech, etc. Drugs in this category include opium, morphine, codeine, heroin, diluadid, percodan, demerol.

Hallucinogens

Produce auditory and visual hallucinations. Users report distorted perception of time and space. Hallucinogens elevate blood pressure, dilate pupils and cause dizziness. Drugs in this category include peyote (buttons), mescaline, psilocybin (mushrooms), LSD (acid).

Inhalants

Excessive use can cause pressure behind the eyes, headache, nausea, vomiting and sometimes blackouts. Long-term use can contribute to development of Kaposi's sarcoma (which is an AIDS-related cancer). Drugs in this category include amyl nitrate (rush, locker room), nitrous oxide (whippets).

Other

Certain drugs produce a combination of effects that do not fit well into one specific category. Among these are: Marijuana – could be considered a stimulant, hallucinogen and depressant. “Pot” can accelerate heart and blood pressure, heighten senses, distort perception and impair memory and psychomotor skills.

PCP

Acts as a stimulant, depressant and hallucinogen at the same time. It can cause panic attacks and flashbacks.

MDMA (ecstasy)

This “designer-drug” acts as a stimulant and a mild hallucinogen. There is research evidence that MDMA may suppress the human immune system. Deaths have been related to heat stroke, impure adulterants and improper chemical formulations.

Anabolic Steroids

Many of these drugs are synthetic copies of the male hormone testosterone. Regular use can cause acne, sexual impotence and damage to the heart, lungs and kidneys. Some users experience psychosis, delusions, paranoia and hallucinations.

Nicotine

Although nicotine is usually classified as a stimulant, it can also act as a depressant. Nicotine has an almost immediate effect on the central nervous system. Nicotine is used in two major forms, through smoking cigarettes and through “dipping” smokeless tobacco. When smoked, nicotine travels through the bloodstream twice as quickly as injected heroin, reaching the brain within seven seconds. Smokers do great damage to their lungs. Tobacco, both smoked and smokeless, is the leading cause of cancers of the cheeks, gums, palate, tongue and lips.

Campus/Community Drug and Alcohol Resources

On the following page you will find a list of some drug and alcohol prevention, counseling, treatment and rehabilitation programs. Addiction is a disease for which help is available. Students are encouraged to contact the Counseling Center for help by calling 237-7237. Employees may seek help through the Center for Family Services, which manages Lynn University’s Employee Assistance Program (800-404-7960).

Hotlines

Centerline	561-383-1111
Alcoholics Anonymous	561-276-4581
Narcotics Anonymous	561-343-0303
Cocaine Hotline	877-456-3313
AIDS Hotline	800-352-2437
Suicide Hotline	561-383-1111

Drug and Alcohol Rehabilitation Centers

Hanley Hazeldon	561-841-1000
Fair Oaks Hospital	561-495-1000
Alternatives	561-998-0866
Lifeskills	800-749-7149
Beachcomber	561-276-6226

Florida Laws Regarding Alcohol and Drugs

The following information is taken from selected Florida statutes concerning alcohol and drug abuse.

FSS 562.11 (1) It is unlawful for any person under the age of 21 years to have in his/her possession an alcoholic beverage. The penalty for violating this section can include a period of imprisonment not exceeding 60 days and a fine of \$500.

FSS 562.11 (2) It is unlawful for any person to misrepresent or misstate his age or the age of any other person for the purpose of inducing anyone to sell, give or serve any alcohol beverage to a person under 21 years of age. The penalty for violating this section can include a period of imprisonment not exceeding 60 days and a fine of \$500.

FSS 316.193 A person is guilty of the offense of driving under the influence of alcohol if he/she is driving or in actual physical control of a vehicle and has a blood alcohol level of 0.08 or more. The penalty for the first offense can include six months' imprisonment, impoundment of vehicle, \$500 fine, one year of probation and suspension of driver's license. The penalties for repeat violations and offenses involving vehicle accidents are considerably more severe.

FSS 322.2616 As of January 1997, it is illegal for someone under 21 years of age to drive or be in actual physical control of a motor vehicle while having a measurable breath level of 0.02 or higher. The legal consequences can include a fine as well as suspension of driving privileges for six months.

FSS 316.1936 It is unlawful for any person to possess an open container of an alcoholic beverage while operating a vehicle or while traveling as a passenger in any vehicle. The penalty for violating this section can include a fine of \$500.

FSS 893.13 (1) It is unlawful for any person to possess, sell, manufacture or deliver any controlled substances. An exhaustive list of controlled substances is detailed within FSS 893.03. This list includes, but it is not limited to:

Cannabis	Cocaine	LSD
Mescaline	PCP	Rohypnol
Marijuana	Heroin	Peyote
Psilocybin	Ecstasy	GHB

Many common prescription medications are considered controlled substances and the mere possession of such a substance without a valid prescription is a violation of this statute. Depending on the substance, quantity and associated behavior, the penalties for violating this statute range from probation to life imprisonment.

According to Section 893.13 (1) Florida Statutes, effective October 1, 1990, “it is unlawful for any person to sell, purchase, manufacture, or deliver a controlled substance in, on, or within 200 feet of the real property comprising a public or private college, university, or other post-secondary educational institution”. Individuals who violate this law commit a felony in the first degree, and shall be sentenced to a minimum term of “imprisonment for 3 calendar years and shall not be eligible for parole or release under the Control Release Authority pursuant to s. 947.146 or statutory gain-time under s. 944.275 prior to serving such minimum sentence”.

FSS 893.147 It is unlawful for any person to use, or to possess with intent to use any drug paraphernalia. The penalty for violating this section can include a term of imprisonment not exceeding one year along with a \$1,000 fine.

FSS 569.11 It is unlawful for any person under the age of 18 years to possess tobacco products and misrepresent age to purchase tobacco products. The penalty for violating this section can include but is not limited to 16 hours of

community service or a \$25 fine; and, required attendance to a school-approved anti-tobacco program, if locally available.

FSS 569.101 It is unlawful for any person to sell, deliver, barter, or furnish or give tobacco products to persons under 18 years of age. The penalty for violating this section can include but is not limited to the same sanctions defined under F.S.S. 569.11.



THE **ALERT** TEAM



You can make a difference.

Aid a friend who may need help with...

- ▶ Substance Abuse
- ▶ Depression
- ▶ Suicidal Thoughts
- ▶ Sexual Assault
- ▶ Anxiety
- ▶ Eating Disorders
- ▶ Isolation
- ▶ Mental Health Issues

By submitting a Concerned Person's Report to the ALERTeam, you can help your friend receive the confidential, personal guidance that he or she needs. The report can be submitted anonymously through campus mail, by telephone, or

by way of the Lynn University Counseling Center's Web page. The ALERTeam's sole mission is to provide students with the appropriate support, direction and counseling that will enable them to achieve their goals.

For more information contact the Counseling Center at 561-237-7237.

SAFERIDE

why
risk your
LIFE?



LYNN UNIVERSITY

1-800-675-6349

Wednesday - Saturday

11 p.m. - 3 a.m.



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3601 N. Military Trail, Boca Raton, FL 33431
www.lynn.edu