Debra L. Ainbinder

EDUCATION

Ph.D. in Counseling
Specialization in Marriage and Family Counseling
Barry University (2005)

M.S. in Counseling Psychology
Nova University (1985)

B.S. in Journalism and Mass Communications
Specialization in Public Relations
University of Florida (1982)

CREDENTIALS

Board Certified Professional Counselor (BCPC) (2008)

Licensed Professional Counselor (LPC—GA: LPC005046)

National Certified Counselor (NCC) (2007)

Approved Clinical Supervisor (ACS) (2007)

Certified Stepfamily Counselor—Certification from Stepfamily Foundation, Inc., New York, NY. (2006)

TEACHING EXPERIENCE

(2002-present) Lynn University
Associate Professor, Department of Psychology, College of Arts and Sciences
Director, Graduate Program, Administrative responsibilities: Schedule courses, monitor faculty, advise students, handle documentation and supervision of practicum, internship, and thesis programs. Freshmen Advisor
(2005-2007) Graduate Program Coordinator: Program development and coordination, advising students, faculty development and supervision, practicum and internship coordinator.
(2004-2006) Coordinator, College of Arts and Sciences, Evening Division
Administrative responsibilities: Schedule courses, hire and monitor faculty, advise students (200+) majoring in Psychology and Behavioral Science.
(2003-2004)1. Visiting Professor; (2002-2003) Adjunct Instructor
Courses taught at Lynn:
Introduction to Psychology (PSY 150, PSY 150 Z sections); Principles of Learning (PSY 355); Orientation to the Study of Psychology (PSY 200);Human Sexuality (PSY 225); Personality Theories (PSY 260); Perspectives on Substance Abuse (PSY 261); Expressive Therapies: Poetry and Narrative (PSY 310); Intro to Applied Counseling (PSY 349); Community Psychology (PSY 352); Research and Statistics in Psychology (PSY 440); Administration of Change (HS 355); Family and Society (SOC 220); Interpersonal Processes (SOC 311); Seminar in Sociology: Families in Transition (SOC 491); Seminar in Psychology: Family Psychology (PSY 490); First Year Experience (FYE 101 & 102); Graduate Thesis Class (PSY 600); Social and Cultural Foundations (PSY 640); Graduate Practicum in Applied Psychology (PSY 699); Techniques and Interventions in Applied Psychology (PSY 680); Practicum in Counseling (PSY 605); Seminar in Applied Psychology: Prevention Science (PSY 688); Internship in Psychology (PSY 481); Internship in Counseling (PSY 700)

(1994) Palm Beach County Adult Education, Boca Raton, FL
Adjunct Instructor. Systematic Training for Effective Parenting (STEP)

(1987-1989) Broward Community College, Broward County, FL.
Adjunct Instructor, Behavioral Sciences Department
General Psychology; Developmental Psychology II: Adolescent; the Psychology of Dying

(1985-1988) Parent Educator, Florida Sheriffs Youth Ranches, Ft. Lauderdale, FL.
Systematic Training for Effective Parenting (STEP)

COUNSELING EXPERIENCE

Clinical Supervisor, Lynn University, Boca Raton, FL (2008 to present)

Group Facilitator, Narcotics Overdose Prevention and Education Task Force Support Group (2008-present)

Group Facilitator, Boca Pointe Moving Forward Discussion Group (2008 to present)

Interim Director, Barry Family Enrichment Center, Barry University, Miami Shores, FL (2004)
Administrative responsibilities; Counseling responsibilities; Clinical Supervision responsibilities; Marketing responsibilities

Internship—Counseling and clinical supervision—600 hours (2004)

Clinical Supervisor—experiential component of clinical Supervision training—350 hours (2003)

Consultant, Law Offices of Steven N. Ainbinder, PA,
Boca Raton, FL (1997 to present)
Case Consultation and Conceptualization; Employee Relations Consultation Office Administrator—Personnel, Office Procedures and Bookkeeping functions

Counselor, Northwest Focal Point Senior Center, Margate, FL (1996-1997)
Individual, Couples, Group and Family Counseling

Therapist, ACS Private Counseling, West Palm Beach and Boca Raton, FL (1993-1994)
Individual, Couples, Marriage and Family Counseling

Therapist, Senior Citizen Group Facilitator Luis Zaldivar, Ph.D., Boca Raton, FL (1991-1993) Individual, Marriage and Family Counseling

School Counselor, St. Stephens Elementary/Middle School, Hollywood, FL (1988-1989)
Individual, Group and Family Counseling

Therapist, Thomas Walton, PhD., Plantation, FL (1986-1989)
Individual, Couples, Marriage and Family Counseling

Area Director, Florida Sheriffs Youth Ranches, Inc, Fort Lauderdale, FL (1987-1988)
Supervision of Fundraising and Family Services Departments

Supervisor of Family Services, Florida Sheriffs Youth Ranches, Inc., Fort Lauderdale, FL (1986-1987)
Supervision of Family Social Workers in South Florida Region; Counseling Broward County Cases—residential placement, family counseling, school intervention, parent education

Family Social Worker II, Florida Sheriffs Youth Ranches, Inc., Fort Lauderdale, FL (1985-1986)
Residential Placement, Individual, Family Counseling, School Intervention, Parent Education—Dade and Monroe Counties.

PUBLICATIONS

Ainbinder, D. L. (accepted for publication). Contributing Author—title: Association for Counselor Education and Supervision. *ACA Encyclopedia of Counseling.*

Ainbinder, D. L. & Crawford, A. (accepted for publication). Clinical Interventions with Children: Art and Narrative Therapy in a Postmodern Frame. *Psychology Journal*

Ainbinder, D. L. & Fernandez, M. S. (under review). Validating A Mathematical Model to Predict Balance of Supervisor Emphasis. *Counselor Education and Supervision.*

Ainbinder, D. L. & Fernandez, M. S. (under review). A Mathematical Model for Measuring Balance of Supervisor Emphasis. *Counselor Education and Supervision.*

Guterman, J. T., Mecias, A. & Ainbinder, D. L. (2005). Solution- focused treatment of migraine headache. *Family Journal: Counseling & Therapy for Couples & Families, 13(2),* 195-198.

PRESENTATIONS

Alcohol and Risky Behavior, Orientation Presentation, Lynn University, September, 2008

American Psychological Association National Conference, August 2008

American Psychological Association National Conference, August 2008

The Impact of Parent Set Limits on College Student Drinking, Rocky Mountain Psychological Association Conference, April 2008

How Parental Communication Affects Drinking Habits in College Freshmen, Rocky Mountain Psychological Association Conference, April 2008

The Undergraduate Research Program: A model for teaching and experiencing research in a non-grant based University, Rocky Mountain Psychological Association Conference, April 2008

The Efficacy of a Peer Educator Model on Attitude Change: A Pilot Study, Rocky Mountain Psychological Association Conference, April 2008

Does stressing parental limits on alcohol consumption reduce binge drinking in college students?, Rocky Mountain Psychological Association Conference, April 2008

Mediating Factors Involving Parent Communication that Show Significant Impacts on College Student Drinking Behaviors, National Social Sciences Association Conference, April 2008

Balance of Supervisor Emphasis: Research Implications for Supervision Training, 2008 International Counseling Psychology Conference, March 2008

Research on Parents' Impact on College Drinking Behaviors, 2008 International Counseling Psychology Conference, March 2008

Research Contributions from Project Enhance, College of Arts and Sciences Symposium, February, 2008

Alcohol 102, Presentation for Parents' Weekend at Lynn University, October 2007

Understanding Balance in Clinical Supervision, Association for Counselor Educators and Supervisors national conference, October 2007

A model for clinical supervisors: Balance of Supervisor Emphasis. American Psychological Association's national conference, August 2007

Balance of Supervisor Emphasis: The Model; the Mathematical Application; the Predictors, International Interdisciplinary Clinical Supervision Conference, June 2007

Can parents make a difference in college students' drinking behavior? Southeastern Psychological Association, February 2007

Do we need an orientation course for psychology majors? Southeastern Psychological Association, February 2007

Expressive therapies and postmodern ideas: An Integration, Southeastern Psychological Association, February 2007

The Use of Expressive and Postmodern Therapy Interventions with Children: Art Therapy and Narrative Therapy, Oxford Round Table Presentation, July 18, 2006

Copyright Laws and Fair Use Standards, Distance Learning Seminar, May 2006

FYE Mentor Orientation, Professional Development, providing a positive classroom environment (2005)

Multicultural Education, Professional Development, Faculty Orientation, Lynn University (2004)

RESEARCH ACTIVITIES

Project NOPE: Narcotics Overdose Prevention and Education Task Force, Co-Principal investigator, program evaluation, Psychology Department, Lynn University, January 2008 to present

Social Norms Campaign Subcommittee: Athletes and Social Norms Campaign pilot study. Fall 2008

Efficacy of peer education interventions—Co-Principal Investigator, Lynn University, Fall & Spring 2007

Research Collaboration: Project ENHANCE, Co-Principal Investigator--Parent Interventions on College-age Drinking. Psychology Department, Lynn University. Collaboration with Penn State University, June 2006 to present

Balance of Supervisor Emphasis: Theoretical Model with Mathematical Representation, Principal Investigator, June 2005 to present.

PROFESSIONAL SERVICE

Editor, *Prevention in Counseling Psychology: Theory, Research, Practice and Training*, August 2008—present

Vice Chair—Academic Council, Lynn University (2008-2009)

Communications Officer, Prevention Section, Division 17, APA, August 2008-present.

Member, Prevention Guidelines Working Group, Division 17, APA, March 2008-present.

Volunteer, NOPE Support Group Facilitator, since January 2008

Member, Program Committee, APA-Division 17, March 2008 to March 2011

Member, Program Committee, RMPA, January 2008 to April 2008

Faculty Advisor, Ethics Team, Graduate Ethics Competition, American Counseling Association, 2007

Alcohol and Other Substances Task Force [formerly Risk Management Team], faculty representative (2007-present)
Subcommittee member: Faculty Education and Standards
Subcommittee member: Social Norms Committee

Member, Self and Society Dialogue Task Force, Lynn University (2007-present)

Chair, Thesis Committee, *Peer Education and Substance Abuse*, Catherine Birkett

Chair, Thesis Committee, David Massuda

Chair, Thesis Committee, Megan Brougher

Chair, Thesis Committee, Lisa Wackenhut

Chair, Thesis Committee, Jonathan Colnaghi

Chair, Thesis Committee, Guadalupe Betancourt

Member, Thesis Committee, Emily Pineyro

Member, Thesis Committee, Daniel Newman

Member, Thesis Committee, *Attachment Style, Attachment to Parents, and Separation from Parents as Risk Factors for Alcohol Abuse and in Freshmen College Students*, Dragana Ilic

College Board AP Psychology Accepted Exam Grader, April 2007 to present

Coordinator, Psychology Department Scholar-in-Residence Program, Robert Turrisi of Penn State University, January, 2007

Member, Critical Thinking Task Force, College of Arts and Sciences, Lynn University (2006-2007)

Member, Dissertation Committee, *Relationship Among Supervisors' Transformational, Transactional Leadership Styles and Teachers' Job Satisfaction in Taiwan Higher Education*, Chi-Ling Sung

Member, SACES Long Range Planning Committee, September 2006-present.

Reviewer—Helping Professions Learning Center, Wadsworth Publishing, Spring, 2007

Textbook Reviewer—6 chapters [Psychology text] Allyn & Bacon, July 2006

Program Development, Department of Psychology Graduate Program, Lynn University, 2005

Member, Distance Learning and Technology Committee, Lynn University, 2004-present

Member, Academic Standards and Admission Standards Committee, Lynn University, 2005-2006.

Member, First Year Experience Taskforce, Lynn University, 2004.

Member, Mental Health Consultation Project, Lynn University, 2004

PROFESSIONAL DEVELOPMENT

American Psychological Association Conference Presenter and Attendee, August, 2008

Rocky Mountain Psychological Association Conference Presenter, Sponsor & Attendee: April 2008

National Social Sciences Association Conference Presenter and Attendee: April 2008

American Counseling Association Annual Conference Attendee: March 2008

International Counseling Psychology Conference Presenter and Attendee: March 2008

Association of Counselor Educators and Supervisors National Conference Presenter and Attendee: October 2007

American Psychological Association Presenter and Attendee: August 2007

International Interdisciplinary Clinical Supervision Conference Presenter and Attendee: June 2007

American Counseling Association Annual Conference Attendee: March 2007

Southeastern Psychological Association Conference Presenter and Attendee: February 2007

Stepfamily Foundation, Inc. Certification Seminar Attendee: October 2006

Southern Association of Counselor Educators and Supervisors (SACES) Regional Conference Attendee: September 2006

Oxford Round Table Participant: Child Psychology, July 16, 2006-July 21, 2006

Collaboration and meeting with American College of Dublin, July 23-July 27, 2006

SACES Regional Conference: 9/7/06-9/9/06 Attendee

Rocky Mountain Psychological Association Conference, Salt Lake City, Utah—Chaperoned PSI CHI research students involved in research presentations (March, 2006)

Dissertation Research Study—Predictors of Balance of Supervisor Emphasis in Clinical Supervision with Pre-Licensed Counselors—Defense 10/05.

Rocky Mountain Psychological Association Conference, Phoenix, Arizona—chaperoned PSI CHI research students involved in poster presentations.

Professional Development Seminar-- Mr. Rick Lavoie**,** Lecturer/Author on teaching special need students; presentation on understanding and teaching non-traditional students

Professional Development Seminar-- Dr. Harry Klein**,** leading economist, Vienna, Austria; Scholar-In-Residence Program

Professional Development Seminar-- Dr. Michael Wolfe**,** Exec. Director Kappa Delta Pi/author; Scholar-In-Residence Program

Doctoral Colloquium—Dr. David Molnar, Quantitative Methods, Speaker (2005)

Distance Learning Seminar—Lynn University (2004; 2005)

Professional Development Seminar-- Dr. Richard Light**,** Harvard Professor/Author; presentation on assessing effectiveness and quality of college life (11/04)

Professional Development Seminar—Dr. John Gardner, Issues in academic standards, retention rates and research in the field of college education (2004)

Mentor Workshop—Dr. Betsy Barefoot, Issues in retention, mentoring and innovations in the field of first year students (2004)

Professional Development Seminar—Mihaly Csikszentmihalyi—Flow: The Psychology of Optimal Experience/ Flow: Implications in Education (2004)

Presenter, Faculty Orientation, Professional Development Seminar—Infusing multiculturalism into the classroom (2004)

Doctoral Colloquium—Dr. Irene Schatz, Divorced with Children: Stories of collaborative co-parenting, Educator and Clinician, Speaker (2004)

Doctoral Colloquium—Dr. S. Richard Sauber, Editor-in-Chief, The American Journal of Family Therapy, Speaker (2003)

Doctoral Colloquium—Dr. James Rudes, Narrative Therapist, Speaker (2002)

The Brief Therapy Conference, sponsored by The Milton H. Erickson Foundation, Inc. Orlando, FL (2002)

Lynn University, Tutor Staff & Z Section Instructor In-service Training, (2002)

Professional Development Opportunities and Training, Lynn University (2002-2004)

Parent Teachers Association Annual State Conference (1997 & 1998)

Parent Teacher Association County and State Training (1994-1999)

Leader Training—Girl Scouts of America (1994)

Parents Anonymous Volunteer Training

Systematic Training for Effective Parenting Training (1985)

Continuing Education and Counseling Training Seminars for Professional Advancement (1985-1988)

PROJECTS IN PROGRESS

Ainbinder, D. L., Riedel, R., Bissett, D. Bendjebar, J. & Quesada, N. The impact of setting limits by parents on college age drinking.

RELATED WORK EXPERIENCE

Account Executive—Client Management, Communications, Copywriting and Account Coordination Azen and Associates, Public Relations and Advertising Firm, Fort Lauderdale, FL (1982-1984)

PROFESSIONAL AFFILIATIONS

American Counseling Association—Member (Since 2002)
ACES, IAMFC, SACES, FACES Member

American Association of Marriage and Family Therapists—Member (Since 2002)
FAMFT Member

American Mental Health Counselors Association—Member (Since 2005)

American Psychological Association—Member (Since 2002)

PSI CHI—The National Honor Society in Psychology—Lifetime Member

Barry University Counseling Association—Member (Since 2002)

Florida Counseling Association—Member (Since 2004)

Barry University Student Honors Society Listserv Member (Since 2004)

Professional Listservs in the counseling and counselor education field
University of Florida Alumni Association Member

COMMUNITY SERVICE

Board Member—Committee Chair Saint Andrews School—Parent' Association

Board Member—Programming Chair Congregation Shirat Shalom

Captain—Team Tennis, Boca Falls South Palm Beach County Women's Tennis Association (2000-2003)

President—Parent Teacher Organization, Mirochnick Religious School B'nai Torah Congregation, Boca Raton, FL (2 years)

President—Parent Teacher Association—(Award Winning PTA of the Year in Palm Beach County—2 years) Del Prado Elementary School, Boca Raton, FL (2 years)

Vice President—Parent Teacher Association Del Prado Elementary School, Boca Raton, FL

Board Member—Parent Teacher Association Del Prado Elementary School, Boca Raton, FL (1995-2000)

Lifetime Member National Parent Teacher Association

Volunteer Leader—Daisy and Brownie Troops Girl Scouts of America (1994-1997)

Classroom Volunteer—Sunshine Math Teacher; Room Parent; Odyssey of the Mind Parent Volunteer and Parent Representative Del Prado Elementary School (1994-2000)

Board Member—Committee Chair Early Childhood Committee Levis Jewish Community Center (1992-1994)

Parents' Anonymous Volunteer

RESEARCH INTERESTS

Prevention Research and Program Evaluations

Parent Interventions and College Age Drinking

Clinical Supervision

Multiculturalism in the fields of Psychology, Counseling, Family Therapy and Clinical Supervision

Clinical Supervision from a Social Role Theoretical Perspective